

THE VISIONARY METHOD
For Christian Practice™

The
VMFCP Press

BOOK OF PRAYERS

Mini-Book

VOLUME 1

REPENTANCE & SPIRITUAL FORTIFICATION

Chinasom U Elekwachi

Foreword

The teachings of this book are not old nor new, but are simply of the Truth—the Truth in words that are easily understood.

“¹³ This is the end of the matter. All has been heard. Fear God and keep his commandments; for this is the whole duty of man. ¹⁴ For God will bring every work into judgment, with every hidden thing, whether it is good, or whether it is evil. ~ Ecclesiastes 12:13-14”

In honor of the Most High God,
the Creator of Heaven, Earth and all that's in them.

May this mini-book grant wisdom, understanding and joy to all those who read it, so that in time it may lead them to become Your children. Thanks be to God the Father and the Lord Jesus Christ for Yours is the Kingdom, the Power and the Glory forever. Amen.

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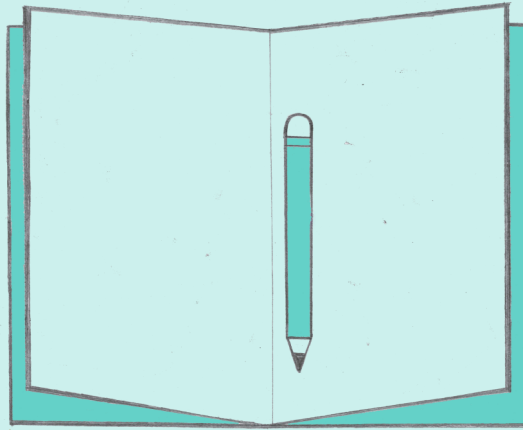
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This book is recommended for people aged 18+

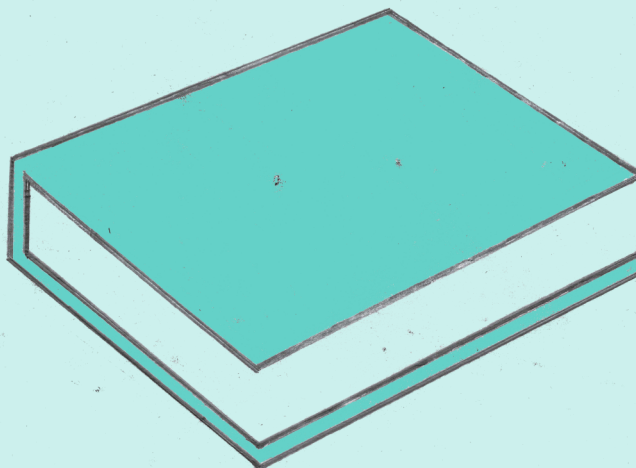
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Welcome to the **LOST IN TRANSLATION** **mini-book! This is what you will need to make the most of this mini-book...**



JOURNAL: Your journal will serve as a medium for you to engage with God. It's main purpose is for responding to this mini-book's questions and/or prompts, but you are also encouraged to use it for more i.e. you may use it as a personal journal as well. For example, you can write down your thoughts (good and bad things), speak to God in prayer about your thoughts, and then write and say a prayer asking for God's help and guidance and/or to give thanks. This can help develop your relationship with God.



THE HOLY BIBLE: This book provides evidence-based Christian instruction, but a Bible is necessary for your own reading, so that you are able to verify what is written (the Truth); Scriptures are needed for the activities; and it's important for Christians to become familiar with the Word of God—hopefully reading the Bible will become for your own further learning and entertainment.

BOOK OF PRAYERS

INTRODUCTION TO THE BOOK OF PRAYERS

The VMFCP's mini-book series, 'Book of Prayers', is provided to help people with prayer by identifying key areas that people may not realize are helpful when committing to living a Christian lifestyle. The prayers included in the 'Book of Prayers' mini-book series are presented in two different versions:

- The personal version of the prayer is for the self.
- The intercession version is for all Christian people.

It is of further note that prayer in combination with fasting is helpful in all matters of the Christian faith, especially when you feel the need for extra help that only the Lord, the Most High God can give. This concept is conveyed by the Scripture Matthew 17:17-21.

- **Matthew 17:17-21** - ¹⁷ Jesus answered, "Faithless and perverse generation! How long will I be with you? How long will I bear with you? Bring him here to me." ¹⁸ Jesus rebuked the demon, and it went out of him, and the boy was cured from that hour. ¹⁹ Then the disciples came to Jesus privately, and said, "Why weren't we able to cast it out?" ²⁰ He said to them, "Because of your unbelief. For most certainly I tell you, if you have faith as a grain of mustard seed, you will tell this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. ²¹ But this kind doesn't go out except by prayer and fasting."

Undergoing a fast should be done according to personal circumstance and suitability, which means that you should take any health or physical conditions into account i.e. pregnancy or diabetes. Regardless, there is a fast suitable to any and everyone. For example, you can commit to a 3 to 9 hour fast (water only); a Daniel fast (Daniel 1:10-15); or you could simply not eat a certain food such as chocolate for a pre-determined period of time i.e. 3 days. When it comes to fasting, it is best if you start small and build from that point onwards,

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as doing so builds greater discipline and strength of will, which is helpful when committing to a Christian lifestyle. Furthermore, fasting is a form of Christian sacrifice, but it is only pleasing or acceptable to the Lord, the Most High God, when it is done sincerely. Furthermore, fasting is a form of Christian sacrifice, but it is only pleasing or acceptable to the Lord, the Most High God, when it is done sincerely. If not, then both the prayer and fasting are rendered completely pointless, as made clear by the Scripture Isaiah 1:10-17...

- *Isaiah 1: 10–17 - ¹⁰ Hear Yahweh’s word, you rulers of Sodom! Listen to the law of our God, you people of Gomorrah!¹¹ “What are the multitude of your sacrifices to me?”, says Yahweh. “I have had enough of the burnt offerings of rams and the fat of fed animals. I don’t delight in the blood of bulls, or of lambs, or of male goats.¹² When you come to appear before me, who has required this at your hand, to trample my courts?¹³ Bring no more vain offerings. Incense is an abomination to me. New moons, Sabbaths, and convocations: I can’t stand evil assemblies. ¹⁴ My soul hates your New Moons and your appointed feasts. They are a burden to me. I am weary of bearing them.¹⁵ When you spread out your hands, I will hide my eyes from you. Yes, when you make many prayers, I will not hear. Your hands are full of blood. ¹⁶ Wash yourselves. Make yourself clean. Put away the evil of your doings from before my eyes. Cease to do evil.¹⁷ Learn to do well. Seek justice. Relieve the oppressed. Defend the fatherless. Plead for the widow.”*

To help people who are genuinely committed to living a Christian lifestyle, the first prayer is for ‘Repentance and Spiritual Fortification’. The prayers of this book were written to (1) plead the cause of the repentant (2) encourage change that leads to receiving the Holy Spirit and (3) strengthen the resolve of those who are committed to living a Christian lifestyle i.e. in the prayers “children” refers to everyone who will eventually become Christian (the Lord, the Most High God, already knows who He will save i.e. grant the Holy Spirit).

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Lastly, it is of note that all The VMFCP content, whether a teaching or prayer are words written by me, Chinasom Uzodimma Elekwachi, and so, for those who are discouraged with the prospect of salvation, let it be known that my spirit is with you if (1) you truly believe in the Lord Jesus Christ and (2) you are committed to change (repentance). Therefore, as the Lord is with me through the gift of His Holy Spirit, so is the Lord also with you in spirit, and so, if you are sincere and genuine in your efforts then know that the Lord hears your prayers, for it is written:

- **Matthew 18:20** - *For where two or three are gathered together in my name, there I am in the middle of them.*

If you are sceptical about the concept of Christian intercession then take comfort in the fact that even Apostle Paul said the same thing: *For though I am absent in the flesh, yet I am with you in the spirit, rejoicing and seeing your order, and the steadfastness of your faith in Christ.~ Colossians 2:5.* To elaborate, intercession is the act of Christians praying for other Christians, whether they have already received the Holy Spirit or will receive it sometime later in the future (1 Timothy 2:1 and Ephesians 6:18). Hence, the prayers of this book were written to encourage faith, hope and love, and is an intercessory gift from me to every child of the Lord, the Most High God, whether they are faithful or repentant. Furthermore, my hope is that you also choose to intercede for other Christians, so that the Lord, the Most High God may also reward you for taking other people into consideration when you pray and/or fast i.e. it is a good idea to pray both versions of the prayer.

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THE PRAYER OF THE REPENTANCE & SPIRITUAL FORTIFICATION

PERSONAL VERSION

Blessed is the Lord, the Most High God – I thank You for your goodness, grace, love and mercy.

In the Name of the Lord, the Most High God – I pray that I am sealed by your Holy Spirit.

In the Name of the Lord, the Most High God, please renew my mind and heart.

In the Name of the Lord, the Most High God, please forgive me for my sins: [confess your sins i.e. what you are genuinely sorry for]

In the Name of the Lord, the Most High God, please cleanse me of all unrighteousness.

In the Name of the Lord, the Most High God, please help me to hear and see.

In the Name of the Lord, the Most High God, please strengthen my spirit.

In the Name of the Lord, the Most High God, please grant me courage and faith that is unyielding and everlasting.

In the Name of the Lord, the Most High God, please grant me a renewed hedge, so that the abomination of desolation does not come upon me.

In the Name of the Lord, the Most High God, please help my people and nation repent, so that our heritage lives forever!

In the Name of the Lord, the Most High God, please shame the enemies of righteousness and salvation.

In the Name of the Lord, the Most High God, please deliver me from the power and yoke of the evil one.

Blessed be the Lord, the Most High God, now, always and forevermore! For Yours is the kingdom, the power and the glory forever! In Jesus' Name I pray and give thanks. Amen.

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INTERCESSION VERSION

Blessed is the Lord, the Most High God – I thank You for your goodness, grace, love and mercy.

In the Name of the Lord, the Most High God – I pray that Your children will be sealed by the Holy Spirit.

In the Name of the Lord, the Most High God, please renew the minds and hearts of all Your children.

In the Name of the Lord, the Most High God, please forgive the sins of all Your children.

In the Name of the Lord, the Most High God, please cleanse Your children of all unrighteousness.

In the Name of the Lord, the Most High God, please help Your children to hear and see.

In the Name of the Lord, the Most High God, please strengthen the spirit of all Your children.

In the Name of the Lord, the Most High God, please grant all Your children courage and faith that is unyielding and everlasting.

In the Name of the Lord, the Most High God, please grant Your children a renewed hedge, so that the abomination of desolation does not come upon another living soul.

In the Name of the Lord, the Most High God, please help many nations to repent, so that their people and heritage live forever!

In the Name of the Lord, the Most High God, please shame the enemies of righteousness and salvation.

In the Name of the Lord, the Most High God – I pray that You shatter the power and might of the evil one.

Blessed be the Lord, the Most High God now, always and forevermore! For Yours is the kingdom, the power and the glory forever! In Jesus' Name I pray and give thanks. Amen.

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- **NOTE:** ‘The prayer of Repentance & Spiritual Fortification’ makes a reference to the “abomination of desolation” in a manner that asks the Lord, the Most High God, not to let it happen again. It is included in the prayer for the sake for pro-activity (reassurance), but it is known that the “abomination of desolation” cannot be done again, because the “end of the age” prophecies and the defining acts associated with it cannot be repeated i.e. there’s no going back, there is only moving forwards. This concept is expressed by the Scripture, Mark 13:14-16:
 - *Mark 13:14-16—¹⁴ But when you see the abomination of desolation, spoken of by Daniel the prophet, standing where it ought not” (let the reader understand), “then let those who are in Judea flee to the mountains, ¹⁵ and let him who is on the housetop not go down, nor enter in, to take anything out of his house. ¹⁶ Let him who is in the field not return back to take his cloak*

To further elaborate on the “abomination of desolation” (Mark 13:14), here’s a brief explanation of its general concept: under the New Covenant the Bible makes it clear that the body of a Christian is a temple of the Holy Spirit i.e. Christians are essentially living, breathing, talking, walking, and therefore standing temples of the Lord, the Most High God (1 Corinthians 6:19-20, John 2:19-21). Hence, the action(s) already (and continuously) carried out by the body of Satan against a Christian woman has already fulfilled the “abomination of desolation” Scripture that is relevant to the “end of the age”, therefore, it cannot and will not happen to other Christians—it is impossible.

JOURNALING ACTIVITY

- Write and say a prayer to God about (1) helping you to change in the area you think you need help with the most or (2) any topic that you want to express to the Lord, the Most High God.
 - Alternatively, your prayer could be in the form of a poem or a song.



ABOUT THE AUTHOR

The author, Chinasom Uzodimma Elekwachi, has a background in scientific research and experience in teaching and education, which are skills, experiences and knowledge that have contributed greatly to the creation of this book. This book contains Bible study commentary from the author's personal faith journals, which have been remodelled and stylized for the purpose of Christian education. The wisdom of this book is the result of many years of Biblical study, research and Christian practice (lifestyle)—all of which was given by the grace of God, so that many may come into His salvation.

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